

Catholic Parish of Brighton and Hove: West Hub

Sacred Heart; St George's & St Theresa's; St Mary Magdalen's; St Peter's
Canon Colin Wolczak; Fr Paul Wilkinson; Fr Tony Milner; Fr Alphonse Kabore; Canon David Parmiter
Sunday 15th February 2026, Sixth Sunday in Ordinary time, Year A. Weekdays: Week 6, Psalter Week 2

Canon Colin Writes:

Today's readings challenge us to choose freely and wisely to observe the laws given by a loving and caring God. He revealed His laws to His Chosen People through Moses and the prophets in the Old Testament, and through His own Son, Jesus, in the New Testament. For the Israelites, the Torah was not a set of laws, but the instruction or *teaching* intended to promote the holiness and wholeness of each believer. It was the revealed will of a caring God, for the people with whom He had made His covenant. In today's gospel Jesus as a new law-giver reinterprets four Mosaic laws, in what could be argued in a much stricter way.

The Greek philosopher, Plato, four hundred years before Christ, wrote of two horses in the human heart, Passion and Reason. Passion is the wild untamed horse with boundless strength and energy, but very hard to control and direct. Reason is the tamed horse, accustomed to the reins, disciplined in stride and responding to directions. A chariot hitched to a pair of Passions might go anywhere but would surely crash or overturn before long. However, a charioteer who selects a pair of Reasons will be too cautious and fearful to go anywhere worthwhile. But if Passion and Reason can be paired, then the powerful energy is harnessed, and the journey of life can be enjoyed. – The teaching of Jesus strongly affirms the need for rules, but rules are to be understood as a means to the end, which is a life of spiritual strength and commitment.

The Rite of Election, 21 February at Arundel Cathedral.

We look forward to welcoming people across the Diocese who are preparing for baptism, reception into the Church, and confirmation, to this year's Rite of Election. Please pray for them as they move forward on their journey of faith.



Monk Talks: A Benedictine approach to Lent, 17 February, 6pm Vespers, 6.30pm supper; 7pm talk, St John the Baptist, BN2 1AP. Join Brighton's Monks in the City for a talk from Fr Peter, exploring how Benedictines observe Lent.

All are very welcome; [click here](#) to find out more.

Monks in the City – Season 8: Tuesday Monk Talks – 17 Feb, 17 Mar | Prayer 6pm, Supper 6:30pm, Talk 7pm

Midday Stillness – Fridays 12–1pm (9 Jan – 27 Mar)

Special Events: Lent Retreat – 7 Mar | 10:45–4pm (booking requested). Vespers for St Benedict – 20 Mar | 6pm.

Daily Prayer: Morning 9am Mon–Sat | Evening 6pm Mon–Thurs, 5pm Sat & Sun

More info call 07444 802368. Donations welcome.

Sacred Heart 39 Norton Road, BN3 3BF; 01273 732843; www.sacredhearthove.org.uk;
hovesacredheart@abdiocese.org.uk. All Masses at SH are Live Streamed: www.sacredhearthove.org.uk/videos.html

St George's Court Farm Road, BN3 7QR and **St Theresa's** Old Shoreham Road, BN42 4RY
01273 708227; www.brightondeanerywest.org.uk; westhove@abdiocese.org.uk

St Mary Magdalen's 55 Upper North St, BN1 3FH; 01273 326793; brightonstmarymag@abdiocese.org.uk

St Peter's Portland Road, BN3 5GD, 01273 733840, <https://www.stpeters-hove.org.uk/>; hovestpeters@abdiocese.org.uk

Hospital Chaplain Royal Sussex County Hospital; 01273 696955 Ext. 64122; celestine.nnolim@nhs.net

For any other contact information, including Safeguarding, please see the relevant parish website or church noticeboards.

Mass Schedule		
Sat 14	Feb	Saints Cyril and Methodius
12noon†	SMM	People of the Parish
6.00pm †	SH	Larry Murphy RIP
6.00	SP	People of the Parish
6.30	SG	Polish Mass
Sun 15	Feb	Sixth Sunday in Ordinary Time
8.30 am	SP	People of the Parish
9.00	ST	Phyllis & Michael Dixon RIP
9.30	SH	People of the Parish
09:30	SMM	People of the Parish
10.00	SP	Rachel Farrell RIP
11.00	SG	People of the Parish
11.00	SMM	People of the Parish
11.30	SH	AS Parket & EM Mynott
11.30	SP	Jadwiga Mackowiak RIP
5.00	SMM	Pepita Coca RIP
Mon 16	Feb	Monday
10.00 am †	SH	Cecilia Shrievs RIP
Tue 17	Feb	Tuesday
10.00 am	SG	People of the Parish
10.00 †	SH	Anthony John Reynolds RIP
10.00	SP	Kathleen Hennessy RIP
6.00pm †	SMM	
7.00pm	ST	People of the Parish
Wed 18	Feb	Ash Wednesday
8.00am	SH	Patrick Banks RIP
8.00am	CNCS	
10.00am	SH	Mr & Mrs Gillow & Children
10.00	SP	Louis Side RIP
10.00	SG	
6.00pm †	SMM	
7.00pm ‡	ST	Lucy C.C. Hindley RIP
Thurs 19	Feb	Thursday after Ash Wednesday
10.00am	SP	People of the Parish
10.00 am ‡	SG	People of the Parish
12noon †	SH	James & Anna Kendall's Family
6.00pm †	SMM	
7.00pm	ST	People of the Parish
Fri 20	Feb	Friday after Ash Wednesday
8.00 am	SH	Jose Nery Alvis RIP
10.00	SP	Holy Souls
6.00pm †	SMM	
7.00	ST	Isabella R. Horton RIP
Sat 21	Feb	Saturday after Ash Wednesday
12noon†	SMM	
6.00pm †	SH	People of the Parish
6.00	SP	Peter Williams & Mary Ashford RIP
6.30	SG	Polish Mass
Sun 22	Feb	First Sunday of Lent
8.30 am	SP	People of the Parish
9.00	ST	Charlie Grimes RIP
9.30	SH	Charles Emmanuel Osezua RIP
09:30	SMM	
10.00	SP	People of the Parish
11.00	SG	People of the Parish
11.00	SMM	
11.30	SH	People of the Parish
11.30	SP	Jude Fletcher RIP
5.00	SMM	

CNCS: Cardinal Newman **SH:** Sacred Heart; **SG:** St George's; **SMM:** St Mary Magdalene's; **SP:** St Peter's; **ST:** St Theresa's; † Adoration before; ‡ Adoration after

Regular Events

Reconciliation Times

Sacred Heart & St Peter's Saturdays at 5:15pm, before Mass.
St George's After Sunday Mass, on request.
St Mary Magdalen Fridays at 5pm, and Saturdays at 11am.
St Theresa's Fridays after the 7:00pm Mass.

Prayer Groups

Tuesday Prayer Group – Sacred Heart Every Tuesday at 10:30am, SH Parish Room. All welcome.
Online Prayer Group – Thursdays at 8pm via video-link.
St Peter's You are warmly invited to join the online contemplative prayer group on Fridays from 7:30–8:30pm. To join email quietengineprayer@gmail.com
Sacred Heart Online Rosary: Friday's 11am Rosary, available online only. Please join via our livestream.

Social Groups

St George's Tea and Chat After 10am Mass on the 2nd & 4th Tuesdays, join us in the hall, next on 24th February.
Sacred Heart SVP Social Group Join us after 12noon Mass. Next 19th February, then every two weeks.
St Peter's Social group Fridays, 1–3pm in the parish hall. Join us for light refreshments and friendly conversation.
Sacred Heart Film Club Next showing on 7th March after 12pm Mass. Film to be announced. Refreshments served.
Faith Formation Group Thursdays, 6:45pm at St Mary Mags. For anyone interested in joining the Church or learning more about the Catholic faith. Contact the parish office for info.

Coffee and Cake After Sunday Mass each week, after the 10am and 11:30am Masses at St Peter's, after the 9:30 Mass at Sacred Heart, and after Sunday Mass at St Theresa's and St George's, thanks to our wonderful volunteers. If you would like to help with this ministry, please contact your parish office.

Other Events / Notices

World Day of Prayer 2026 – Friday 6 March

The World Day of Prayer for Southwick will be held at Southwick Methodist Church, Southwick Street, at 2.00 pm. All are welcome. This year's theme, prepared by our sisters in Nigeria, is "I Will Give You Rest: Come", based on Matthew 11:28–30. The 2026 materials offer a powerful invitation to find rest in God at a time when many people are carrying heavy burdens.

Walk of Witness - Monks in the City

Friday 3rd April, 10.00–11.00am. The Walk of Witness will begin at 10.00am at Pavilion Gardens, proceeding to St Nicholas Church. There will be a short "station" at the Chapel Royal en route. The walk will conclude with a 15-minute outdoor service at St Nicholas Church at approximately 10.45am.

Newsletter by email If you would like to receive a copy of the newsletter to your inbox each week, email Lisa at, hovesacredheart@abdiocese.org.uk

St Peter' Money Counters We really need a some more people to volunteer to join the three teams we have. Please contact the office if you think you can help.

Southwick Churches Together

We meet at 9:30 every Wednesday morning, at St Michael's Church in Southwick, for a short service, led by people from churches in the local area. There are refreshments afterwards. All are welcome!

St Peter's Archive Team

For a baptism, or confirmation certificate contact our team of volunteers by email: SaintPeterArchives@gmail.com. Please allow two weeks for documents to be processed.

Our Lady Star of the Sea SVP

Meeting Thursday 19th February, 5:45pm at St Theresa's (meeting room at the back of the church). If you would like to get involved with the SVP or simply find out more, please join us. All are welcome!

St Peter's Tai Chi term time in the hall 10:30—11:30am on Monday's.

The next Healing Service at SMM

1st March at 3pm with Fr Alphonse. All are warmly encouraged to attend.

At SMM on Saturday 21st February, 11am Holy Hour and 12pm Mass are cancelled. We will be at Arundel Cathedral for the Rite of Election.

Sunday 22 March Reclaiming Humanity

Attention & Love in a Fragmented

World Fr Toby Lees OP — Dominican priest, moral theologian, — will explore how forces in our culture fight for our attention, weakening our capacity to love; how fragmentation affects our humanity, and how we can stay grounded through contemplation, communion, and generosity.

Please join us for an early shared lunch at 12:45pm (please bring a packed lunch or a dish to share). No booking required. Donation only. Tea, coffee, and cake

provided. Venue: The Fitzherbert Hub, St John the Baptist Church, BN2 1AP. More info: joanna.gilbert@abdiocese.org.uk

St Peter's Repository: Has a range of St Patrick's, Valentine and Mother's day cards along with Confirmation and First Holy Communion items, please do take a look. Opening times are before and after Mass every day apart from Monday, please use our dona machine in the porch to pay for any purchases.

Fundraising / Giving

Special Collections 2026

Offertory Collection Reporting

We hope to begin reporting the offertory collection totals for all our West Hub communities. These figures will include standing orders, DONA payments, Gift Aid envelopes, and cash given at Mass. Totals will be reported monthly, in arrears.

St Peter's offertory for January = £5,569.

St George's & St Theresa's offertory for January = £2,400.00. Unfortunately, this total does not include cash given at Mass, as that data was not available. We hope to report the full figure next month.

Sacred Heart's Offertory Collection = January: £5,750. **SH** Second collection = Pax Christi: £307.

22 Feb – Columban Priests (SH)

Charity Quiz Night – SAFE IN SUSSEX

The Adur Valley Catenians invite you to a Charity Quiz Night on Saturday 28th February at Towers Convent, Henfield Road, , in support of SAFE IN SUSSEX, a local charity providing practical help and support to those affected by domestic abuse. Tickets andrew.davey160@gmail.com or after the 9am Mass at St Theresa's.

Martlets Hospice fundraising at

St Peter's

Thank you to all who supported the recent sale and to those who regularly support through donations for coffee after Mass. We have now raised over £600 which almost covers the cost of a bed for a day. The next sale will be Sun-

day 1st March, although there are usually a few items on sale after 10 o'clock Mass most weeks. If you have any toiletries, gifts or other small items for sale please bring these to Mary, Agnes or Monica in the hall and enjoy freshly ground coffee and other refreshments in friendly company. Volunteers to help with the coffee are welcome, even if you can only do it occasionally. Many thanks.

Soup Run

Each week, from Monday to Friday, 7pm at the shelter next to the Angel of Peace on the seafront. Please consider giving your time to this valuable work of charity. For more information, please contact SMM office.

Prayer List

During Ordinary Time, we are asked to pray for, peace on earth; openness to the Word of God; Christian unity; the sick and their caregivers; victims of trafficking and those working to combat it; and the unemployed.

Please also pray for all who are sick, housebound, or in need of our prayers in our communities, including:

Annie Price; Canon Colin Wolczak; Cathy Howes; Cheryl Evans; Chris, Lucy, Matt, & Vince Neal; Clive Connor; Eileen Kipling; Elena White; Hanorah & Mat Smith; Rex Curd; Tom Piggins; & Winifred Wilde.

Recently Deceased: Please remember in your prayers: Irena Bialas RIP, mother of Fr Tadeusz Bialas.

TAIZÉ SERVICE



Please join us for a service of prayer and contemplation in the season of Lent.

Thursday 12th March 2026
at 7pm at St Peter's RC Church, Hove.

**Sunday 15th February 2026,
Sixth Sunday in Ordinary time**

Gloria

**Glory to God in the highest, and on earth
peace to people of good will.**

**We praise you, we bless you, we
adore you, we glorify you, we give you
thanks for your great glory, Lord God,
heavenly King, O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have
mercy on us; you take away the sins of the
world, receive our prayer; you are seated at
the right hand of the Father, have mercy on
us.**

**For you alone are the Holy One, you
alone are the Lord, you alone are the Most
High, Jesus Christ, with the Holy Spirit, in
the glory of God the Father.**

Amen.

First Reading: Sirach 15:15-20

If you desire, you will keep the commandments, and to act faithfully is a matter of choice. He has placed before you fire and water: stretch out your hand for whichever you wish. Life and death are in front of people, and whichever one chooses will be given to him. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows a person's every deed. He has not commanded anyone to be ungodly, and he has not given anyone permission to sin.

The word of the Lord.

Thanks be to God.

Psalm Response

Blessed are those who walk in the law of the Lord!

Second Reading: 1 Corinthians 2:6-10

Brothers and Sisters: Among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glory. None of the rulers of this age understood this, for if they had, they would not have crucified the Lord of glory. But, as it is written,

'What no eye has seen, nor ear heard, nor the heart of man imagined,
what God has prepared for those who love him' —
these things God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God.

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Alleluia, alleluia.

**I thank you, Father, Lord of heaven and earth,
you have revealed the secrets of the kingdom to little children.**

Alleluia.

Gospel: Matthew 5:17-37

At that time: Jesus said to his disciples, 'Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfil them. For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished. Therefore whoever relaxes one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.'

'You have heard that it was said to those of old, "You shall not murder; and whoever murders will be liable to judgement." But I say to you that everyone who is angry with his brother will be liable to judgement; whoever insults his brother will be liable to the council; and whoever says, "You fool!" will be liable to the hell of fire. So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. Truly, I say to you, you will never get out until you have paid the last penny.'

'You have heard that it was said, "You shall not commit adultery." But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.'

'It was also said, "Whoever divorces his wife, let him give her a certificate of divorce." But I say to you that everyone who divorces his wife, except on the ground of sexual immorality, makes her commit adultery, and whoever marries a divorced woman commits adultery.'

'Again you have heard that it was said to those of old, "You shall not swear falsely, but shall perform to the Lord what you have sworn." But I say to you: Do not take an oath at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not take an oath by your head, for you cannot make one hair white or black. Let what you say be simply "Yes" or "No"; anything more than this comes from evil.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith

**I believe in one God,
the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.**

**God from God, Light from Light,
true God from true God, begotten,
not made,
consubstantial with the Father; through
him all things were made.**

For us men and for our salvation he came down from heaven,

(all bow during the next three lines)
**and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.**

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets. I believe in one, holy,
catholic and apostolic Church.**

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

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